

With 30 years experience, this former master instructor and competitor, has been a five-time USA National Karate Champion. In his riveting book, he unveils the dangerous spiritual realm beneath the surface of all martial arts and yoga. Perhaps you are thinking about getting involved in martial arts, or maybe you are already involved. Or, you just dont feel right about these far eastern activities, but youre not sure why. Maybe youve heard the pros and cons about whether Christians should participate and you are simply confused. As Dr. Rallo reveals the uncompromised truth, he convincingly puts to rest all debate about this highly controversial subject. It is thoroughly documented and well-researched. This book contains the fascinating story of how the author entered into the highest ranks of martial arts and how and why he came out of it. It leaves no stone unturned as it thoroughly exposes all the harmful effects of these spiritually rooted practices.

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